

What to expect

COVID-19 APPOINTMENT PROTOCOLS



1.) BOOK AN APPOINTMENT

Telephone 07957686118 for an appointment. We can then arrange a convenient time both for your telephone triage and history-taking and your face-to-face session.

2.) PAYMENT

As we are advised not to handle cash at present, payment will need to be made prior to your session. This can be done via BACS. If you have any questions about this process, I will be happy to answer them.



3.) WAIT IN YOUR CAR

Please do not buzz the door before your appointment time. When you do buzz, I will come down and meet you at the door. If on foot, please arrive on time rather than early.

4.) WEAR A MASK

Please wear a mask or other face covering. I will be in full PPE (apron, mask and eye covering). This is to keep us both as safe as possible.



5.) HAND HYGIENE

Please wash your hands or use the hand sanitiser that is provided when you enter the clinic.

6.) ONLY BRING ESSENTIALS

Please limit the items you bring in with you to the absolute essentials. We are not able to provide gowns or towels at the moment so please wear comfortable clothing.

